

Runs in Tutus



Running Tutu How-Tu Guide

Materials:

- Two spools of 6" tulle in the color(s) of your choice (25 yards a spool)
- ¼ inch or ½ inch elastic
- Needle and thread OR Heat n' Bond (ultra hold)
- Scissors
- Pen or marker
- Iron (if using heat n' bond)

Quick Steps:

1. Measure your waistband and cut it one inch smaller than your waist.
2. Overlap the ends of the elastic by 1 inch and seal with heat bond or by sewing
3. Cut the tulle in 14 inch pieces (or longer if you prefer- skirt length is half the length of tulle strips)
4. Stretch elastic waistband over the back of a chair or large box
5. Attach the strips of tulle to the entire length of waistband by folding them in half and tying a slip knot around the elastic band
6. Decorate tutu with embellishments if desired
7. Wear your tutu with pride!